



HOW WE CAN HELP YOUR DOG WITH DIETARY ALLERGIES

TYPICAL SYMPTOMS

- Skin itch, especially of face/ears or trunk
- Vomiting/Diarrhea
- The dreaded dog farts

DIAGNOSTICS

- A comprehensive examination of your pet's skin
- Blood panel—because sometimes skin problems are only a symptom of underlying disease
- Thyroid tests to make sure your pet's allergies are not due to thyroid problems.

DIETARY RESTRICTION— A TRUE CHALLENGE FOR YOU AND YOUR DOG!!

-Most canine dietary allergies are due to the meats or grains in the diet

-“Diet” means **EVERYTHING** a pet puts into their mouth— kibbles, treats, cat food, etc

-You will not see full results from any dietary change for at least 6-8 weeks.

WHAT DIET SHOULD WE TRY? The farther down this list you go, the better your chances of success!!

- Easiest : look for a commercial diet with different meats and grains
- Vegetarian diets
- Homecooked diets
- Prescription diets with rabbit or kangaroo bases
- Hypoallergenic prescription diets
- Remember that any treats have to be either vegetable, or have the same ingredients as the meal!!*

INJECTABLE DRUGS

- Steroids— short-acting or repository— can shorten time to response
- Antibiotics— short-acting or repository— needed only if your pet has a secondary skin infection

ORAL DRUGS

- To stop itch
 - Apoquel to stop itch without side effects— the best choice for most pets
 - Prednisone— the old standby
 - Atopica, the most potent immune suppressant
- Antibiotics, because as pets scratch or chew they create skin infections for themselves

INTEGRATIVE CARE

- Probiotics
- Fish Oil to provide _____ mg of Omega 3 Fatty Acids per day
- Curcumin _____ mg per day to reduce inflammation